

October

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
	1 - Mantecada Muffin -Froot Lopps Cereal w/ Honey Grahams	2 - Strawberry Yogurt Parfait w/ Cinnamon Granola - Cinnamon Chex Cereal w/ Honey Grahams	3 - Apple Jacks Cereal w/ Honey Grahams - Blueberry Muffin	4 -Cinnamon Roll - Froot Loops Cereal w/ Honey Grahams
7 - Cinnamon Crumble - Froot Loops Cereal w/ Honey Grahams	8 - Cinnamon Chex Cereal w/ Honey Grahams -Bagel w/ Cream Cheese	9 - Banana Bread - Cheerios Cereal w/ Honey Grahams	10 - Sweet Potato Sunrise Muffin - Frosted Flakes Cereal w/ Honey Grahams	11 - Conchita w/String Cheese - Apple Jacks Cereal w/ Honey Grahams
14 - Cherrios Careal w/Honey Grahams - Halloween Concha	15 - Mantecada Muffin - Froot Lopps Cereal w/ Honey Grahams	16 - Strawberry Yogurt Parfait w/ Cinnamon Granola - Cinnamon Chex Cereal w/ Honey Grahams	17 - Chocolate Chip Muffin Top - Apple Jacks Cereal w/ Honey Grahams	18 - Cinnamon Roll - Froot Loops Cereal w/ Honey Grahams
21 - Cinnamon Crumble - Froot Loops Cereal w/ Honey Grahams	22 - Yogurt w/ Honey Grahams - Cinnamon Chex Cereal w/ Honey Grahams	23 - Banana Bread - Cinnamon Chex Cereal w/ Honey Grahams	24 - Sweet Potato Sunrise Muffin - Cinnamon Chex Cereal w/ Honey Grahams	25 - Conchita w/ String Cheese - Apple Jacks Cereal w/ Honey Grahams
28 -Cherrios Cereal w/Honey Grahams - Double Chocolate Chip Muffin	29 - Mantecada Muffin - Froot Loops Cereal w/ Honey Grahams	30 - Strawberry Yogurt Parfait w/ Cinnamon Granola - Cinnamon Chex Cereal w/ Honey Grahams	31 - Halloween Concha - Froot Loops Cereal w/ Honey Gahams	